



CAMP

KANDALORE

2023 CAMPER HANDBOOK

Welcome to Kandalore!

We are so happy to have you as part of the 2023 Kandalore summer community! There are so many amazing experiences ahead! We understand that as you get ready to come to Camp you may feel a little nervous and might have a few questions. That's why we created this handbook for you. We've put together a list of some of the most commonly asked questions; questions about your cabins, the food, the activities, canoe trip and more!

Kandalore is a community of adventurous, resilient, and inclusive campers, leaders, and staff. We strive to make it a home away from home for all who join us on the shores of beautiful Lake Kabakwa.

We're working hard to get Camp ready for your arrival and we will be so excited to see you on your arrival day!

Now, let's talk about camp!



Land Acknowledgement

Camp Kandalore recognizes that its work takes place on traditional, ancestral land that has been inhabited by Indigenous people for thousands of years. We are located on Treaty 20 territory, known as the Williams Treaties First Nations: Curve Lake, Rama, Hiawatha, Alderville, Scugog Island, Beausoleil and Georgina Island First Nations.

Kandalore canoe trips also travel through many traditional Indigenous territories across the provinces, predominantly through Treaty 9, Nishnawbe Aski Nation.

We respect their past, present, and future generations, the land, and their traditions. We are grateful for the opportunity to gather, learn, and travel on these lands and waterways.





Getting Ready for Camp

EXPERIENCE THE MAGIC OF CAMP	1
GETTING TO CAMP	2
GETTING SETTLED	3
CABIN LIFE	5
MAKING FRIENDS AT CAMP	7
DAILY SCHEDULE	8
ACTIVITIES	9
SPECIAL EVENTS & TRADITIONS	11
CANOE TRIP	14
TRIP FOOD	17
CAMP FOOD	18
GENERAL QUESTIONS	19
THE TUCK SHOP	19
BATHROOMS	19
SHOWERS	20
LAUNDRY	20
WILDLIFE	20
SCREENS & ELECTRONICS	20
MAIL	21
COMMUNITY CODE OF CONDUCT	22
SITE MAP	32

Experience the Magic of Camp

Kandalore is a place to make friends, try new activities, experience the adventure of canoe tripping, and learn new skills. Kids have been growing up at Kandalore for over 75 years. It is a safe environment for you to explore new interests, try new things, and challenge yourself. You are able to step out of your city life, 'unplug' and step into Camp life. Kandalore's mission is to help campers know and be themselves. We have an amazing staff team that will ensure you have an experience of a lifetime!

YOUR SECTION

You will be placed in a section based on your age and gender identity. Each section has between 25-50 campers in it.

Prep Juniors (PJs): Ages 6-11 (born 2012-2017)

Inters: Ages 12-13 (born 2010-2011)

Seniors: Ages 14-16 (born 2007-2009)



Getting to Camp

Arrival Day is a very exciting day because it means Camp is starting! You will arrive between 2pm and 4pm at Camp.

ARRIVING BY BUS

If you are arriving on the bus we will meet you at the parking lot between Toronto City Church and Toronto City Sports Centre. Carly, our Assistant Director of Program, will be there to meet you! Lots of returning and new campers take the bus up to Camp every summer. It's a really fun way to make Camp start a little bit sooner, and to meet a new friend before you even arrive at Kandalore. There are lots of counsellors on the bus that will introduce you to new people. Once you get to Camp you'll meet your Section Head and your counsellors. They will show you to your cabin where you'll meet all of your cabin mates, and help you get settled into your cabin!

ARRIVING BY CAR

If you are arriving at Camp by car you'll be met by our smiling Leaders-in-Training and Director, Jackie, in the parking lot. They'll help you carry your luggage and introduce you to your Section Head. From there you'll meet your counsellors and go get set up in your cabin! There you will meet your other cabin mates.

ARRIVING BY PLANE

If you are coming from further away, we will meet you at the airport. Our staff will be wearing green Kandalore staff shirts and they will have a sign with your name on it.

From there we will drive you up to Camp in either a Coach Canada bus or one of our Camp vehicles. Sometimes we will have to wait at the airport for an hour or two for other campers to arrive. While we wait you can play games with Kandalore staff, have some food, meet other campers and find out more about Kandalore. The drive to Camp is about three hours from the Toronto airport.

Once you get to Camp, we'll head to the Camp Office to deposit your money, electronics and travel documents for safe keeping. Then, you'll meet your Section Head who will take you to your cabin and introduce you to your counsellors and cabin mates!

Getting Settled

Once you get to Camp, you will move into your cabin and you will meet your counsellor(s)! For campers living in 8 or 10-person cabins you will have two counsellors, and for campers living in 4-person cabins you will have one counsellor. Your counsellor's role is to help you have the best time at camp. They wake you up in the morning, eat with you at meals, and hang out with you during free time and at night. They are there for you ANYTIME and for ANYTHING. Your counsellor will help you to get to know Kandalore and the daily routines.

Most of our counsellors have been campers for years and have gone through our Leadership programs. We also have staff from all over the world, just like we have campers from all over the world. No matter who your counsellor is you will find them to be a caring person that will always be there for you.

YOUR FIRST DAY AT CAMP

After you have settled in we have a few things that need to get done on the first day:

- You'll hang out with your cabin mates and counsellors for a while and get to know each other a bit more. This is when you will pick you bunk, unpack and set up your bed.
- Games with your section to help you meet other campers and counsellors who you'll be spending time with while at Camp.
- A swim test
- Your first dinner!
- Activity sign up for the next day
- A tour of Camp if you are new
- A lice check and meeting with our nurses
- Super fun evening program with your section
- Bed time/lights out

After a good night of sleep, you'll be ready for your first full day of Camp activities!

MISSING HOME

Do not worry if you miss home while at Camp – this is a totally normal feeling! You are brave to be leaving home to go on an adventure like this. If you are worried about missing home, make sure you bring lots of books and games to keep yourself busy during down times. Your counsellors are going to work hard to introduce you to friends and make sure you're always keeping active, so that your chance of missing home is minimized. Remember, missing home happens to lots of campers when they go to Camp. The key is to stay busy, time flies when you're having fun! If you ever want to talk to someone, know that your counsellor and Section Head are always there to help.



Cabin Life

CABIN MATES

Your cabin is made up of people who are similar in age to you, and who will be at camp for the same amount of time. For example, if you are staying for one week you will be in a cabin with other campers who will be there for a week.

When we create our cabin groups, we do our best to make sure all cabins have a mix of new and returning campers, and to accommodate friend requests. This way everyone will feel included and have the chance to meet new people!

You may request a friend to be in your cabin at Camp. We do our best to put you with your request, but we are not able to guarantee cabin requests. If you have a request, please make sure the Camp Office knows about it well before your arrival.



SLEEPING ARRANGEMENTS IN CAMP

When you get to Camp, you'll be shown the cabin that you will share with campers around the same age as you. PJs, Inters and Seniors live in 8-10 person cabins except for our Senior South campers (traditional boys' side) who live in 4 person cabins. All of the cabins have bunkbeds. We also have cubbies for storage.



SLEEPING ARRANGEMENTS ON CANOE TRIP

Everyone sleeps in tents on trip. There are 4 people per tent. Campers go on canoe trip with their in-camp cabin mates.

ELECTRICITY IN CABINS

All campers, except South Shore Seniors (traditional boys' side) have electricity. South Shore Seniors live on our South Shore which is an incredible part of our property. No matter what cabin you live in though, it's always a good idea to bring a flashlight with extra batteries. Head lamps are the most convenient!

COUNSELLORS' ACCOMODATIONS

If you're a PJ or Inter, your counsellors will live in your cabin in a separate room. Senior campers have counsellors living in a separate room or sometimes in separate cabins, just across the path. Your Section Head will also live close by!

Making Friends at Camp



Every year lots of kids come to Camp without knowing anyone. The great thing about Kandalore is that it is a very welcoming and inclusive environment so whether you know lots of people, or know no one, you will feel like part of the group in no time. Your Counsellor and Section Head will know that you are a new camper, and they will make sure that you are meeting people and settling in right from the start. We only ask that you be open minded about meeting new people and bring a positive attitude towards Camp life.

A Typical Day at Camp

7:30 to 7:45	WAKE UP! Your counsellor(s) will wake you up and help you get ready for breakfast.
8:00 to 8:45	BREAKFAST: A delicious meal to start the day!
8:45 to 9:15	CABIN CLEAN UP: A quick tidy, then it's off to activities for the morning!
9:15 to 10:10	ACTIVITY PERIOD 1: Meet in Centre Camp before heading to your activity!
10:10 to 11:05	ACTIVITY PERIOD 2: Proceed to your next activity.
11:05 to 12:00	ACTIVITY PERIOD 3: Proceed to your next activity.
12:00 to 12:30	FREE TIME/CABIN TIME: A chance to change into dry clothes, hang out and play some games.
12:30 to 1:15	LUNCH: Time to re-energize because you're barely halfway through the day!
1:15 to 2:15	REST HOUR: Time to relax in your cabin. This is a good time to play a quiet game, read or write a letter home.
2:15 to 3:10	ACTIVITY PERIOD 4: Meet in Centre Camp before heading to your activity!
3:10 to 4:05	ACTIVITY PERIOD 5: Proceed to your next activity.
4:05 to 5:00	ACTIVITY PERIOD 6: Proceed to your next activity.
5:00 to 5:45	FREE TIME/SUPERVISED SWIM: Want to spend some extra time at an activity? Hang out in Centre Camp? Or maybe go for a swim?
5:45 to 6:30	DINNER: Time to talk about your day with your counsellor and cabin mates over a delicious dinner!
7:15 to 8/8:30	EVENING PROGRAM: A big game with your whole section (sometimes the whole Camp!)
8:30	LIGHTS OUT/CABIN TIME: Relax, chat with your counsellor, read a book before bed. LIGHTS OUT: PJs: 8:30-9pm/Inters: 9-9:30pm/Seniors: 10:30pm

Activities

While at Kandalore you'll have a chance to try all the amazing activities we offer! These activities include:

Arts & Crafts	Wakeboarding	Basketball
Leatherwork	Paddle Boarding	Rock Climbing
Waterslide (K2)	Kayaking	Woodworking
Pottery	High Ropes	Fishing
Drama	Waterskiing	Snorkeling
Water Trampoline	Archery	Nature
Sailing	Crossbow	Team Swing
Swim	Canoe	And many more...

TWO & FOUR WEEK CAMPERS

There are 6 activity periods each day for our two and four week campers.

Campers take swimming and canoeing every day:

- Lifesaving Levels (swim)
- ORCKA (Canoe and Kayak)

You will do swimming and canoeing with your whole section, and you will be placed in smaller groups by skill level.

ACTIVITY SIGN UP

Every evening your counsellor will help you choose the other four activities you want to participate in the following day. Sign up for activities is rotated between cabins and sections, we do our best to give everyone the chance to sign up for all the activities.

If there is an activity you have missed out on because of weather or another reason, please let your counsellor or Section Head know. We will make sure you have the chance to go to that activity during free time before you leave Camp.

ONE WEEK CAMPERS

Our one-week campers will participate in activities on a rotation schedule lead by a counsellor or Leader-in-Training. This means you will go around from activity to activity with your cabin group. You will have the opportunity to try all Kandalore’s favourite activities!



Special Events

CAMPFIRE

Each two week session starts with an All-Camp 'sing out loud at the top of your lungs' campfire! It's the perfect way to kick start our session with sing-along songs, group cheers, stories, and skits for everyone to enjoy!

ALL CAMP GAMES

All Camp Games are an opportunity for campers and staff to get hilariously dressed up for a fun-filled, themed, All-Camp game. In past years, appearances have been made by Harry Potter, Hobbits, Disney Characters, Avengers, and various rock stars. Feel free to bring some dress-up clothes with you to Camp. Every evening is something new and fun. Special programs are a time when the magic of Camp truly comes alive!

SUNDAY MORNINGS

Every other Sunday at Camp is a sleep-in and a special morning event, Fireside. The day begins with chocolate chip pancakes, whipped cream and fruit for breakfast. Campers and staff then gather at Campfire Circle in costume for a relaxed morning of reflection, poetry, stories, and songs. This is a non-denominational event based on Camp themes such as friendship, 'Oh, the places you'll go', 'my favourite things' and 'what I love about Camp'.



KARNIVAL & FUN FAIR

Each two week session throughout the summer we have a Karnival Night or Fun Fair at Camp! You'll get Kanda-bucks to spend playing plinko and ring toss, roulette, and other carnival-like games. With over 20 games to choose from there are many chances to win and buy prizes like breakfast in bed from your counsellors, throw your counsellor or a Director in the lake and many more... The night is guaranteed to be super fun for everyone!

REGATTA

At the end of each two week and one week session, campers and staff participate in a Camp-wide Regatta event. You will be placed on one of four teams: **Furtraders**, **Foresters**, **Pioneers**, or **Voyageurs** and it will be your team for life! We make sure that you are placed on the same team as your siblings, cousins or any other family connection. You get to eat meals with your team, dress up in your team colours and sign up for the events that you would like to do. Regatta is a friendly, cheer-filled, action-packed day of competitions like tug-of-war, egg toss, relay race, canoe races, potato sack races, a barbecue, ice cream, and much, much more!



VARIETY NIGHT

At the end of our A1 and B1 sessions, we have a Variety Night at our Campfire Circle. Campers and staff members have the chance to get up on stage and perform a special talent or skill they have been working on over the past two weeks.

CHAPTER FIRE

The last night of Camp at the end of July (A/A2 sessions) and August (B/B2 sessions) is Chapter Fire. All of the campers and staff gather on Chapter Island. This is your chance to reflect on your Camp experience and present (or just listen to) songs, stories & poems while watching a bonfire that is on a neighbouring island called Fire Island and a canoe ballet which is performed with torches by staff on Lake Kabakwa. This is a magical ending to an amazing Camp experience.



Canoe Trip

At Kandalore, we are proud to offer an incredible canoe tripping program. As a camper, you will get the opportunity to go on one of our amazing canoe trips led by our experienced and knowledgeable trip staff!

WHEN DO I FIND OUT WHAT TRIP I'M ON?

Within the first two days of camp, you will find out what trip you are on and where you will be going.

WHEN DO I MEET MY TRIPPER?

Your Tripper will make an announcement at lunch the day before you leave. You will meet them during Period 6 in your cabin to learn about packing for trip. Your Tripper will answer all your questions about trip. You will see a map with your route, learn how to set up a tent and work on paddling skills at canoeing.

TYPICAL DAY

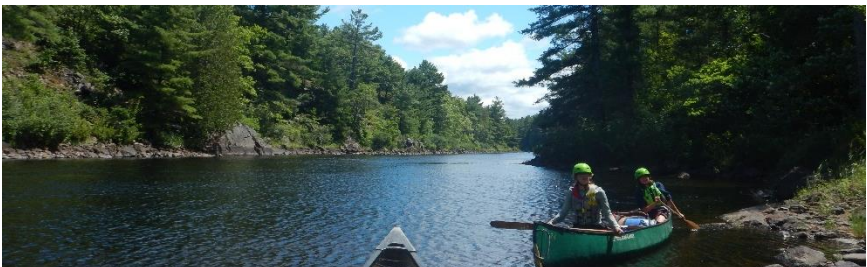
The schedule on trip is very different from the schedule in Camp. This schedule changes depending on group dynamics, weather, trip length and the age of our campers.

Daily tasks could include:

Setting up campsite
Collecting firewood
Building the fire
Meal prep
Cooking meals
Dish washing

Map reading
River scouting
Paddling
Fun games
Nature hikes
Singing songs

Campfire stories
Portaging
Packing up
Camp Fire
S'MORES!
So much more!



No matter what trip you go on you are going to experience a wonderful adventure. At Kandalore we support campers to “challenge themselves by degree”. For example, if there is a safe rapid you want to try but might want a staff in the stern of your boat, then that is your challenge. If you have always wanted to try setting up a tent, then your tripper or counsellor would be happy to help teach you, until you’re ready to try yourself. Map reading, river reading, portaging a canoe...the challenge options are endless.

TRIP LOCATIONS AND LENGTHS

The length and location of your trip is decided by your age and section and your experience level.

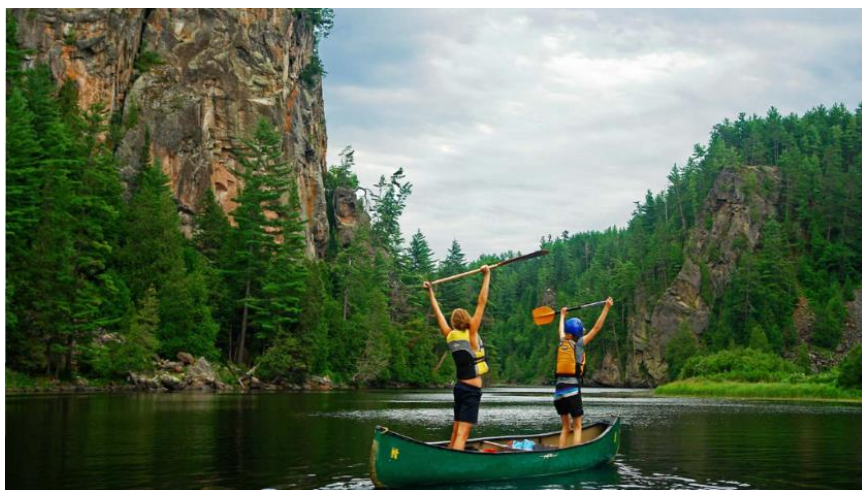
PREP/JUNIORS One-week campers (born 2014-2017): Prep Juniors go on an overnight Island Trip, on an island located on Kandalore’s Lake (Kabakwa). You can see the island from Camp! You will canoe across the lake with your cabin mates and counsellors in a big voyageur canoe. You’ll cook over a campfire, sleep in tents, and play lots of fun games!

PREP/JUNIORS Two weeks or longer (born 2014-2016): Prep Juniors go on a flat water canoe trip in the Haliburton Highlands Water Trails for two days. You will either start your flat water canoe trip from the Kandalore canoe docks or take a short bus ride down the road to another lake in the Haliburton Highlands. You will participate in a flat water canoe trip. You’ll cook meals over a fire, play lots of games, and sleep in tents!

PREP/JUNIORS Two weeks or longer (born 2012-2013): Prep Juniors go on a flat water canoe trip in the Haliburton Highlands Water Trails for three days. You will either start your flat water canoe trip from the Kandalore canoe docks or take a short bus ride down the road to another lake in the Haliburton Highlands. You will participate in a three-day flat water canoe trip. You’ll cook meals over a fire, play lots of games, and sleep in tents!

You may get a chance to go on a special flat water canoe trip into beautiful Algonquin Park, a short drive from Kandalore. This trip is organized if we have a cabin of campers who have already participated in our other two Haliburton Highlands trips.

INTERNS (born 2010-2011): All Interns participate in a white water canoe trip. You will venture away from Camp by bus for a four day trip on lakes and/or rivers. Four week campers will go on a five day canoe trip. These trips are a great introduction to some of the longer canoe trips we do! Interns typically trip on the Madawaska, French and Mattawa rivers.



SENIORS (born 2007-2009): All seniors participate in a canoe trip ranging from a 3, 5, 7 or 9-12 day river trip. These trips are typically a little more remote and take 2 to 15 hours to access by bus. Seniors will fill out a Trip Request Form upon registration to let Camp know which trip you would like to go on.

- Our 3-5 day white water clinics are on the Madawaska river,
- Our 5 day trips are on the Magnetawan, Madawaska and Petawawa rivers.
- Our 7 day trips are on the Spanish, Noir, Petawawa or Magnetawan rivers; and
- Our 9-12 day trips are on the Coulonge, Dumoine rivers or on special occasions, the Missinaibi River.

TRIP FOOD

Food tastes the best on canoe trip! You'll eat delicious, simple meals enjoyed with friends in an incredible setting. We have menus based on what campers tell us they like the most. All our hot meals are cooked over the fire. Here are a few examples:

Breakfast

Bacon & eggs, chocolate chip pancakes or paddler's breakfast (hash browns, cheese, pepperettes & eggs in a wrap).

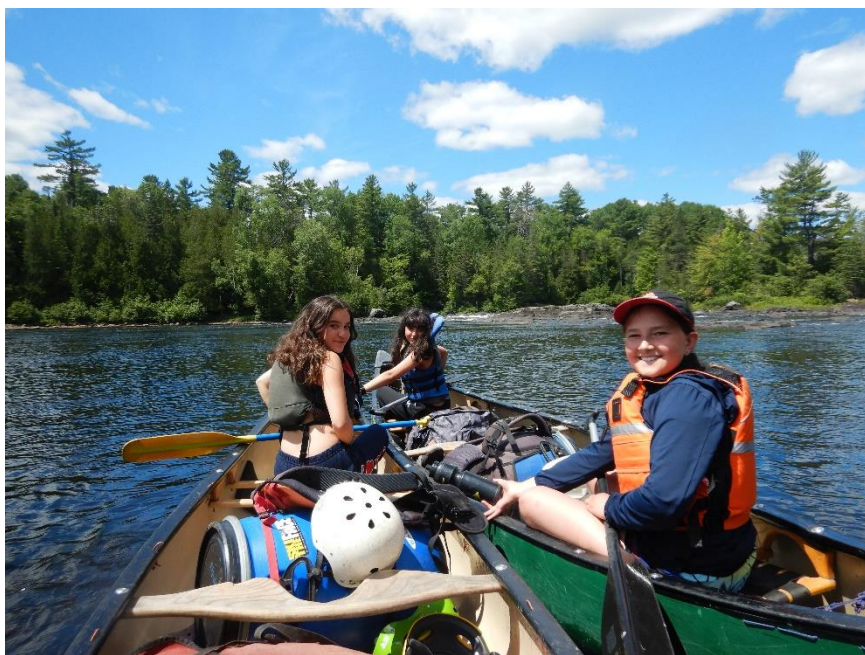
Lunch

Sandwiches, bagels & cream cheese, chicken wraps and pitas & hummus.

Dinner

Spaghetti, hamburgers, mac & cheese, chicken pesto alfredo and pita pizzas.

Desserts & Snacks: S'mores, cookies, pudding or tiger balls, jujubes, fresh apples, granola bars....



Camp Food

THE DINING HALL

At Camp you'll eat every meal (except a couple of special ones and on canoe trip) in our Dining Hall. You will sit with your cabin mates and counsellor(s) at all meals.

CAMP FOOD

Every year we're lucky to have an amazing kitchen staff working around the clock to make our delicious meals!

Breakfast

Cereal, oatmeal, bagels and fresh fruit are available every day alongside something hot like bacon & eggs or pancakes. On Sundays we have chocolate chip pancakes with whipped cream!

Lunch

Things like delicious pizza, chicken-caesar pitas, burgers with fries and every day there is a hot soup available for everyone and many salad bar options.

Dinner

We've got spaghetti, fajitas, stir-fry, souvlaki and so much more great food including our salad bar options!

Dessert: Every day is something different: from fresh fruit, to baked goods to popsicles or ice cream!

At Breakfast you can visit our breakfast bar for things like oatmeal, yogurt, bagels, granola and fresh fruit. At lunch and dinner, visit our salad bar to make yourself a fresh salad or choose a prepared salad to go along with your meal or enjoy homemade soup!

Insider's Tip: If something is served at a meal that you don't like, there are always alternative options. Just ask your counsellor!

Campers are not allowed to bring outside food into Camp or have food sent in care packages.

General Camp Questions

REGATTA TEAM ANNOUNCEMENTS

You will find out what Regatta team you are on within the first two days of camp! Or, if you have a sibling/family member on a team already, you will be on the same team as them.

THE TUCK SHOP

Every three days, after dinner, you'll get to visit our tuck shop to grab some candy or a snack and to check out all the great Kandalore clothing and gear we offer! The best part is, you don't need to bring any money, all tuck gets organized by your parents before you arrive at Camp.



CAMP BATHROOMS

There are bathrooms located all over Camp, some are composting toilets (no water, no flushing); however, many are flushable. Bathrooms are specific to the boys' and girls' sections, and are located near the cabins in central, well-lit areas. All Gender washrooms are also available in the Shaq. Prior to going on trip, your tripper will teach you what to expect regarding bathrooms on trip, as every river and park is different.

If you must go to the bathroom at night, a staff on night patrol will be available to help you right up until the early hours of the morning!

SHOWERING AT CAMP

During your stay, you are bound to pick up a little dirt and will need to take a shower. We have separate shower houses for boys, girls and all genders to use during wellness, free time or before breakfast. Campers sometimes bring flip flops and carrying baskets to help bring their shower items to the shower house. There are no showers on trip, but we encourage our campers to go swimming and practice good hygiene while travelling in a remote area.

LAUNDRY

Since clothes tend to get dirty while you are at Camp, we provide a laundry service for you, once a week. If you're on canoe trip during that time, let your Section Head know and we can arrange an alternate laundry date for you. Laundry day is every Sunday!

ANIMALS

At Kandalore, we have the privilege of sharing an incredible space with wildlife. You'll probably run into some of the smaller critters like chipmunks, rabbits and birds every day. As for other large animals, they tend to avoid places full of people, like camps. We like our cabins to stay nice and clean. We don't want animals coming in because they smell food. Campers are not allowed to bring outside food into Camp or have food sent in care packages. Our counsellors will help you open any care packages at the office and will discard any food items to keep the animals away and keep anyone with allergies safe.

On trip, campers are not to bring food of any type. Our staff have gone through training on how to deter animals from coming onto the campsite and how to pack food away safely.

SCREENS & ELECTRONIC DEVICES

Kandalore is a screen free environment – we disconnect to reconnect! While you are at Camp, you will have the opportunity to take a break from screens and electronic devices. So, we ask that you leave your phones, tablets, and other devices at home and get ready to connect with friends, try new activities and have new adventures outdoors!

MAIL

Campers can receive regularly posted mail and emails which our office staff print daily. Mail is handed out each day at dinner time. If you receive a care package, your Section Head will give you a care package slip which you will take to the office after dinner to receive and open your parcel. Care packages are delivered twice in each two week session. A counsellor from your section will be with you to help. We want to keep Kandalore a safe environment for all campers and staff. Food items are not allowed and will be discarded if sent to Camp. You are welcome to bring pre-addressed and pre-stamped envelopes to send letters from Camp. Not to worry if you don't have stamps, we sell them in the Tuck Shop!



Community Code of Conduct & Camp Policy

At Kandalore, we are committed to a caring and supportive environment that develops our campers into effective leaders who can know and be themselves. This means that we are responsive to the needs of children and youth, and the wellness of our community, with a focus on safety and inclusivity.

To ensure that Kandalore continues to be a safe environment for all campers, we ask the families of our campers to review the Community Code of Conduct and our Policies together. It is imperative that these rules and the consequences of their violation be clearly understood.

KANDALORE MISSION AND BELIEFS

Our Mission and Beliefs are the foundation of our camp culture and all that we do at Kandalore, which allows everyone in our community to feel acceptance and belonging and connected to each other and our natural environment.

At Kandalore we help kids to know and be themselves.

We believe **in authenticity of character.**

We believe **in being an accepting and inclusive environment.**

We believe **challenging our campers develops resilience and independence.**

We believe **our staff members inspire our campers.**

We believe **the outdoors is an ideal environment for kids to have fun and learn.**

PRINCIPLES

The Community Code of Conduct at Kandalore is an agreement we make to care for ourselves, each other, and the environment. In doing this, we follow principles that promote our mission and beliefs, and are the hallmarks (gold nuggets) of Kandalore's culture of respect, participation, and kindness.

Respect

In all of our words and actions, we demonstrate respect for ourselves and for one another. We act with courtesy and consideration towards all. We are respectful of the physical environment in which we live and learn. As members of a diverse community, we respect each other's differences and work together to build an inclusive learning community. We strive to develop a community that values integrity, tolerance, rules, accountability, responsibility, honesty and safety.

Participation

We take responsibility for our actions and hold both ourselves and others accountable to engage in all aspects of Camp life. We are also committed to civic responsibility (promoting the common good of the community) and environmental stewardship. We promote citizenship, perseverance, initiative, advocacy and cooperation.

Kindness

We actively recognize the needs of others both within our Camp community and beyond it. We support and care for one another in order to sustain a community of compassion. We are friendly, generous, and considerate. We encourage sharing, compassion, empathy, inclusion and building trust.

COMMUNITY CODE OF CONDUCT

As members of the Kandalore community, we commit ourselves to uphold Kandalore's Mission and Beliefs, through a Community Code of Conduct. This includes the following practices:

All Kandalore community members are treated with respect and dignity. In return, they must demonstrate care for themselves, for others, and the environment.

All community members are responsible for following Camp rules, procedures, and positive behaviours. These are shared and learned in the first days of camp with your cabin and section group (or in staff training).

Violence and physically aggressive behaviour are entirely unacceptable, as are their use in resolving conflict. The possession, use or threatened use of any object to injure another person is equally unacceptable.

Alcohol, tobacco, vaping, cannabis and illegal drugs are addictive and present a health hazard. They are not welcome in the Camp environment.

Every person has a right to equal treatment without discrimination because of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, age, gender, sex, sexual orientation, identity, marital status, family status, socioeconomic status or ability.

Campers must accept the responsibility for protecting their rights, and the rights of others.

Camp is a screen free environment.

Examples of expected behaviours include, but are not limited to:

- Compliance with the Code of Conduct;
- Demonstrating principles of kindness, respect and participation;
- Showing proper care and regard for camp property and the property of others;
- Taking appropriate measures to help those in need;
- Seeking assistance from Camp staff, if necessary, to resolve conflict peacefully;
- Talking to adults at Camp if we need help, feel unsafe, or need medical care;
- Respecting each other's space, privacy, differences, heritage, life experiences, identity, and names; and,
- Be kind to Lake Kabakwa dwellers, the people and rivers, lakes, plants, and animals we meet when travelling on canoe trips.

Examples of inappropriate behaviour include, but are not limited to:

- Using inappropriate or disrespectful language;
- Acts of vandalism or causing damage to Camp or other's property;
- Harassment, bullying or intimidating another person online and/or in-person;
- Causing or threatening bodily harm to another person;
- Possessing weapons, including firearms;
- Physically or sexually assaulting another person;
- Committing theft or robbery;
- Possessing explosive substances;
- Posting offensive comments anywhere online;
- Unauthorised presence in another's cabin;
- Intimacy inappropriate to Camp;
- Conduct that damages the moral tone of the camp or the physical or mental well-being of others;
- Using or possessing alcohol, cannabis or any illicit drugs; and,
- Using or possessing any tobacco or nicotine products or paraphernalia.

REPERCUSSIONS

As a general principle, Kandalore reserves the right to apply a full range of repercussions to any offence committed by a camper. Kandalore recognizes that inappropriate and unacceptable behaviour towards another member of the community requires a serious response. It is the discretion of Kandalore to apply any sanction that is appropriate in the particular circumstances of an offence, including the expulsion of a staff or camper. When exercising its discretion to determine the appropriate consequence to apply to an offence, Kandalore will take into account:

- The seriousness of the offence;
- The intention of the camper; and/or
- The impact of the offence on the Kandalore Camp culture.

The camp reserves the right to dismiss a camper when their behaviour seriously jeopardises the camp's ability to guarantee the dignity and safety of its campers, represents a breach of the Community Code of Conduct, or involves conduct which is injurious to the camp culture or to the physical or mental well-being of others. In addition to this there may be several paths in response to any offence such as, but not limited to:

- A meeting with camper, counsellor, section director and/or one of the camp directors.
- A Section Head / Leadership Director might call families to discuss the behaviour.
- A suitable consequence decided by staff. (An example is writing an apology letter)

POLICIES

Kandalore Harassment and Violence Policy

Camp Kandalore is fully committed to respecting and protecting the personal dignity and human rights of our campers, leaders and staff members. Campers, leaders and staff members have a right to enjoy the camping experience and work in an atmosphere that is free of any form of harassment or intimidation. The Camp, staff members, leaders and the campers all share a responsibility for ensuring that such an environment exists at all times. To this end, Camp Kandalore will take steps to prevent discrimination, harassment and violence wherever possible and to investigate incidents and complaints of these actions where they arise.

Harassment

Harassment includes words, acts or gestures of a malicious, hateful, abusive or irritating nature, or the like, with regard to a person or group of persons that is known, or ought reasonably to be known, to be unwelcome. Harassment can take many forms but often involves conduct, comment or display that is insulting, intimidating, humiliating, hurtful, demeaning, belittling, malicious, degrading, or otherwise causes offence, discomfort, or personal humiliation or embarrassment to a person or group of persons.

Harassment also includes, without limitation, what is commonly referred to as bullying and the use of vexatious words, acts and gestures against a person or group of persons on the basis of any of the following:

Academic ability	Disability/handicap	Language
Physical Appearance	Political convictions	Ethnic or national origin
Race	Religion	Age
Civil status	Gender	Colour
Sexual orientation		

Harassment can be a single incident or a series of incidents. Campers, Leaders or staff members found in violation of any of the above will be liable for:

- A formal apology;
- A re-affirmation of the commitment to the Camp (suspension); or
- Expulsion; at the Director’s discretion depending on the nature of the harassment.

In addition to any sanction imposed by the Camp, staff members who engage in harassment could face sanctions imposed under the Ontario Human Rights Code.

Violence

Violence is defined as the use of physical force to injure somebody. Campers, leaders, or staff members found to have been violent will be liable for:

- A formal apology
- A re-affirmation of the commitment to the Camp (suspension)
- Expulsion; in the Director’s discretion depending on the nature of the violence.

In addition to any sanction imposed by the Camp, staff who engage in violence could face sanctions imposed under the Ontario Human Rights Code.

Under this policy, discrimination, harassment, and violence will not be tolerated from anyone, including other staff, leaders, campers, parents, guests, vendors/suppliers or domestic partners who enter the camping and working environment.

Gender Inclusion Policy

Kandalore's approach to gender inclusion is informed by our mission and beliefs. Kandalore welcomes campers and staff from all gender identities and expressions which includes but is not limited to – cisgender, transgender, nonbinary, agender and genderqueer. As a camp, we seek to promote equity and foster inclusion by providing the support needed to help our LGBTQ2S+ campers and staff thrive while at Kandalore.

To that end, we are committed to working with campers, their families, and staff to understand their needs and to providing the necessary training to our staff team.

Alcohol, Drug, Cannabis and Tobacco Policy

Alcohol, Drugs, and Cannabis

The use, possession or clearly being under the influence of alcohol, cannabis or any illicit drugs by any camper is prohibited. The non-medical use of narcotics and any other drug is prohibited.

Campers who are in the presence of other campers who are not complying with the drug and alcohol policy will face consequences at the discretion of the director. Any camper found to break these regulations will be dismissed.

No refund of any portion of unused Camp fees will be given.

Tobacco and Tobacco Related Products

Campers are prohibited from the use of tobacco products (including cigarettes, snuff, flakes, chewing tobacco, vaporizers and e-cigarettes).

Campers found using tobacco products elsewhere will have their parents notified and may, at the discretion of the director, be dismissed from Camp. Due to danger of fire, any camper found smoking in a cabin will be dismissed from Camp.

No refund of any portion of unused Camp fees will be given.

Social Media Policy

Campers must be respectful in all communications, social media, and blogs related to or referencing the camp, its employees and other campers. The following policy is in place:

- Campers must not use obscenities, profanity, or vulgar language.
- Campers must not use social media, blogs or personal websites to disparage the camp, other campers or employees of the camp.
- Campers must not use social media, blogs or personal websites to harass, bully, or intimidate other campers or employees of the camp. Behaviours that constitute harassment and bullying are listed in Kandalore's Harassment Policy.
- Campers must not use social media, blogs or personal websites to discuss engaging in conduct that is prohibited by camp policies, including, but not limited to, the use of alcohol and drugs and bullying.
- Kandalore does not host or sponsor any social networking sites belonging to campers or staff. The use of camp logos or photographs is not allowed without written permission.

Cabin Policy

Campers, LITs and staff are not allowed in other camper cabins. No open flames (i.e., candles) are allowed in the cabins, even if cabins have no electricity (see packing list for flashlight suggestions).

Cancellations and Withdrawals

There will be no reduction in or refund of camp fees for any reason after March 31, 2023, including, without limitation, for:

- A camper who cancels or withdraws from the camp program either prior to or during the period for which they are registered for any reason including, without limitation, as a result of illness or a medical condition;
- A camper who arrives late or leaves early in the period for which they are registered; or
- A camper who is expelled from the camp for breaking the camp rules or otherwise.

Food in Camp

In recent years, because of their attraction to food, we have witnessed an increase in incidence of raccoons and other small animals entering cabins at Kandalore. Although these animals do not represent an immediate threat to the safety of campers, they are disruptive and can cause quite a mess. A number of our campers also have food allergies and it is for this reason that we request that families do not send any food with their children to camp or send any food to them during their stay at camp. If campers do possess food in their cabins, unfortunately Counsellors will be placed in the difficult and unfair position of having to remove it.

Families are reminded that campers receive three meals a day and a snack before bed each day. There is a bowl of apples out all day for campers to eat. They also have the opportunity to visit the Tuck Shop a couple times a week where they can obtain treats.

Nuts

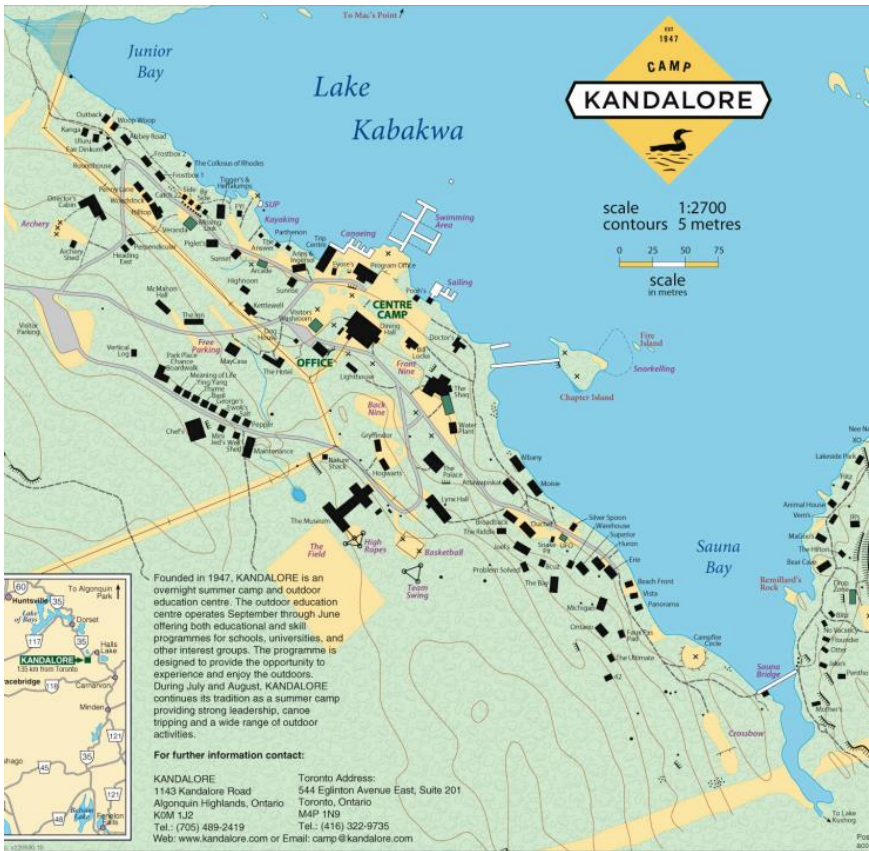
Please be advised that Kandalore is not a nut free environment. While we do not serve peanut butter or nuts in the Dining Hall, we are unable to ensure all food items sold in the Tuck Shop or served in the Dining Hall and items brought into camp do not contain nuts. Campers with nut allergies attending camp do so at their own risk.

Cell Phones, Ipods, Tablets and Other Electronics

One of the benefits of Kandalore is the personal growth that campers experience. Camp provides a unique environment for children to learn to be themselves and trust others. It also provides opportunities through which children grow and learn to solve some of their own challenges. Camp is one of the few places where campers can 'unplug' and focus on their interpersonal skills. Electronic devices, like cell phones, hinder this growth and detract from campers' overall experience at Camp. We are happy to provide you with an update on your camper at any time; please do not hesitate to call or email the Camp Office.

Cell phones, iPods, tablets, hair dryers, electronic game devices or any other items requiring electrical power are not permitted at Camp and will be confiscated and returned on departure day. Thank you for supporting this policy.

Site Map



Visit our website: <https://www.kandalore.com/map/> to view our interactive site map!

HEAD OFFICE

544 Eglinton Avenue East

Suite 201

Toronto, Ontario M4P 1N9

416.322.9735



CAMP

1143 Kandalore Road

Algonquin Highlands, Ontario K0M 1J2

705.489.2419

camp@kandalore.com

