

Camp **KANDALORE**

2022 FAMILY HANDBOOK





Greetings from Kandalore!

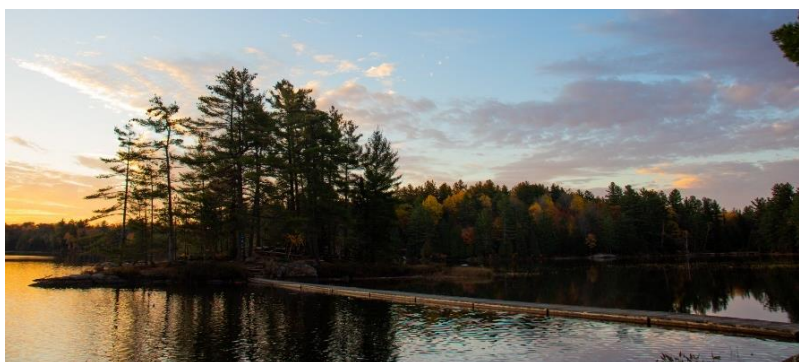
Summer is fast approaching, and preparation is already well underway to make this summer one of the best Kandalore has ever seen! Whether you are a first-time family or a seasoned veteran this handbook contains all the information you will need to prepare your children for Camp this summer.

For returning families, please note this handbook includes important updates on policies and procedures for summer 2022. As always, if you have any questions or concerns, please don't hesitate to contact us! We will be available at our Toronto office right up until mid-June, after which we will all be moving up to Camp for the duration of the summer.

Please note: Families will be sent any applicable policies regarding COVID-19 prior to the summer which may impact our programs as outlined in this handbook.

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PREPARING CAMPERS FOR CAMP

Kandalore provides many activities and adventures for your child's enjoyment. However, Camp cannot always make up for the closeness and comfort of family life. Missing home is a natural occurrence for campers. Our Counsellors are trained to deal with missing home, but there are many ways that you can set your child up for success before they arrive at Camp.

HOW CAN I HELP MY CHILD AVOID 'MISSING HOME'?

DO! Practice short separations with your child. Have them sleepover at a friend's or relative's home for a night or two. This will allow your child to know what it is like to be away without you.

DO! Talk to your child about Camp. Tell them what a great experience it is going to be and how much fun they will have. This gives them positive expectations.

DO! Let your child know that you will miss them but that you are sure they will have a great time. Let them know that you will be busy while they are away as well.

DO! Review the Camp's daily routine (see page 9) with your child. If these discussions foster questions about Camp, don't hesitate to call us for answers.

DO! Attend a Virtual Family Information Night or set up a time for a call or an online slide show presentation with one of our Directors to have all of your child's questions answered and to get them excited for Camp.



PREPARING FAMILIES FOR CAMP

IN-CAMP COMMUNICATION

Kandalore is constantly updating our Facebook and Instagram accounts to keep parents/guardians involved in their camper's experience. Our Communication Director will contact new families to check in a week prior to your camper's arrival. Section Heads will contact our first time families by phone within the first 48 hours of their camper's stay and contact returning families within the first week of their camper's stay.

Our families receive an email update when their camper departs and returns from canoe trip. If at any point families would like to receive an update about their camper, please contact us and we would be happy to give you an update on your child(ren). Please note, though we would like to give an instant update, our staff and campers are out in activities and busy with camp life therefore we strive to respond within 24 hours unless there is an emergency.

Families will be called if their camper is experiencing any behavioural, social or medical concerns while at camp. Parents/guardians will be informed of any ongoing medical or reoccurring visits to our Health Centre. Should a camper require a prescription, we will notify their parent/guardian. Should a trip to a hospital be required families are notified immediately.

WHAT IF I GET AN UNHAPPY LETTER OR MESSAGE FROM MY CHILD WHILE AT CAMP?

Occasionally parents/guardians may receive an unhappy letter from their child that was written during the first few days of Camp. This is not unusual because they are adapting to a new environment. In most cases, by the time you have received the letter, your camper will have adjusted to Camp life. Our Counsellors are trained to help campers make this adjustment. However, we realize these types of letters are upsetting. If you receive such a letter, please get in touch with us so we can give you an update on your child. It is just as important for us to hear from parents/guardians as it is for parents/guardians to hear from Kandalore.

Please rest assured that if your child is facing any challenges adjusting to Camp life, a Director or their Section Head will be in touch with you to give you an update and to problem solve any issue with you.

FORMS

All our forms are available through your online account via our website: www.kandalore.com. Please complete and submit all forms by June 1st, 2022. The following forms are available online and through our family portal as of April 1st, 2022:

1. CAMPER MEDICAL FORM

The more information we have about your child, the better equipped we will be to handle any situation that may arise. All severe allergies must be written within the camper medical form. If there is a change in any information prior to Camp, please let the Camp Office know.

2. PARENT/CAMPER EXPECTATION FORM

This form helps the Kandalore team to better understand campers' needs in our preparation for the summer.

3. TUCK PERMISSION FORM

We require this form in order for your child to be permitted to purchase any clothing (including regatta t-shirts/hats) at Camp.

4. CAMP POLICIES FORM

We ask parents/guardians and campers to review this form which highlights behavioural expectations and our inclusion policy.

5. SENIOR TRIP FORM

This form is required for campers registered in our Senior sections. This form is filled out upon registration.

6. FLIGHT DETAILS FORM

This form is only for campers arriving and departing from Pearson International Airport in Toronto. Please contact us if your flight is arriving or departing outside of the 11:00am and 6:00pm window.

HEALTH CARE

Kandalore has a doctor and three nurses living on site throughout the summer. We are 20 minutes from the closest hospital (Minden) and 30 minutes from 2 major hospitals in Haliburton and Huntsville. If at any time your camper should experience any health concerns at Camp, you will be contacted by the Camp office.

LICE

It is the responsibility of parents/guardians to make sure their campers do not come to Camp with lice. Please check your camper's head for lice prior to Camp. We perform lice checks upon arrival at Camp and after canoe trip. If lice are found on your camper by our staff, we will contact you. Treatments will be given to campers and the cost of these treatments will be charged to their tuck account. Kandalore reserves the right to send campers home due to lice.

TICKS

According to the Haliburton, Kawartha, Pine Ridge (HKPR) District Health Unit it is rare to find a tick in Kandalore's area. However, some of the areas we canoe trip in more commonly see ticks. HKPR District is not a current Lyme Disease risk area as per the 'Ontario Lyme Disease Map Estimated Risk Areas' map.

If a Camper has a tick in camp:

- If a camper is found to have a tick at Camp, they will be brought immediately to the Health Centre to have it removed.
- Ticks will be removed using "Tick Cards"
- Ticks will be put into a sealed container and sent to the relevant health authority for inspection
- Campers will check in with the nursing staff every 48 hours for the remainder of their time in camp to ensure they do not have flu-like symptoms, rashes, or any other signs of Lyme disease.
- In the event of symptoms, Kandalore's Health Care team will immediately seek treatment for the affected camper.
- Parents/guardians will be contacted

If a Camper has a tick on canoe trip:

- If a camper is found to have a tick on canoe trip, the tick will be removed by their Tripper using a “Tick Card”.
- Ticks will be put into a sealed container to be sent to the relevant health authority for inspection upon returning to camp.
- Campers will check in with their tripper every 48 hours for the remainder of their time on trip to ensure that they do not have flu-like symptoms, rashes, or any other signs of Lyme disease.
- In the event of symptoms Canoe Trippers will immediately call the camp and discuss the matter with Kandalore’s Health Care team to arrange a course of action.
- Parents/guardians will be contacted.



KEEPING IN TOUCH

CARE PACKAGES

Receiving a package at Camp can be comforting and exciting for campers of all ages. However, due to allergies and overall camper safety, we request that you do not send food. All care packages will be opened in the presence of a staff member and food will be discarded. To prevent your child from being disappointed by the discarding of food, we appreciate your support with this policy.

Some fun ideas for care packages include:

- Mad Libs
- Bubbles
- Temporary Tattoos
- Magazines
- Nail Polish
- Journal
- Deck of Cards
- Travel Sized Game
- Books
- Stickers
- Chapstick
- Bracelet Kit
- Glow Sticks
- Fun Pens
- Sports balls

MAIL

You may also send letters to your camper(s) while they are at Camp. Since Kandalore is located in a rural area, mail to and from Camp tends to take significantly longer than in major centers. Please address mail to:

(Child's Name and Section)
Camp Kandalore
1143 Kandalore Road
Algonquin Highlands, Ontario
K0M 1J2

Please follow our guidelines for avoiding missing home when writing letters to your camper.

POST-DATED MAIL ***highly recommended***

If you are dropping off your child at Camp, you may wish to leave postdated letters and packages for them at drop-off. This will avoid possible disappointments due to mail delays, especially for one-week campers.

Please do not mail any items later than 4 business days until the end of camp. We do not receive mail on weekends.

FAMILY TO CAMPER EMAIL

Our one-way email system is the easiest way to connect with your child. Emails are printed daily at 2:00pm. Campers receive mail during dinner each day. Please note, campers will not receive mail while on canoe trip. Campers do not have access to the internet while at camp and therefore cannot respond by email. We ask that parents/guardians send their campers with pre-addressed envelopes with postage so they can write you back. Emails received after 2:00pm on the last full day of each session will not be delivered in time.

While we do not currently have a charge added for our email system, there are costs associated with providing this service (paper, toner, sorting time by staff) so we request that parents be mindful and refrain from sending 1-line notes. Instead, we suggest spending time every few days if you wish to write a few paragraphs.

Instructions and a new link to our email system will be sent prior to Camp. Parents/guardians are able to share this link with friends and other family members if they so choose.

TELEPHONES

Campers are not permitted to place or receive phone calls, except in special circumstances. The Camp phone number is (705) 489-2419 and is answered during business hours. After hours, an emergency number will be indicated on the Camp Office's answering machine. Should you require information regarding your child, you may contact the Camp at the number listed above, or by e-mail at camp@kandalore.com. We will have your child's Section Head or a Director return your call or e-mail within 24 hours. Please allow our staff time to gather the information you are requesting.



VISTORS & DAILY SCHEDULE

VISITING YOUR CAMPER

Due to COVID-19 concerns, Kandalore may not be able to accommodate visitors to our site this summer.

Parents/guardians are welcome to contact the Kandalore office at anytime to discuss current guidelines and the possibility of visiting their camper(s).

DAILY SCHEDULE

7:30 - 7:45	Wake up
8:00 - 8:45	Breakfast
8:45 - 9:15	Cabin Clean up
9:15 - 10:10	Activity Period 1
10:10 - 11:05	Activity Period 2
11:05 - 12:00	Activity Period 3
12:00 - 12:30	Free Time/Cabin Time
12:30 - 1:15	Lunch
1:15 - 2:15	Rest Hour
2:15 - 3:10	Activity Period 4
3:10 - 4:05	Activity Period 5
4:05 - 5:00	Activity Period 6
5:00 - 5:45	Free Time
5:45 - 6:30	Dinner (& Sign up)
7:15 - 8:30	Evening Program
8:30 - 9:00	Snack/Sign Up
9:00 - 10:00	Cabin Time

LIGHTS OUT

PJs (born 2016-2011) 8:30pm

Inters (born 2009-2010) 9:30pm

Seniors (born 2006-2008) 10:00pm

SWIM & CANOE PROGRAMS

SWIM PROGRAM

We offer daily swimming lessons to all of our campers joining us for two weeks or more. Campers are sorted into classes based on their current swim level provided by parents/guardians on the Parent & Camper Expectation Form before the summer, along with their ability to complete a swim test at Camp. If there is a discrepancy between the level provided and the swim test at the beginning of the session, Kandalore will call the parent/guardian to confirm the changes. Our swimming instructors teach Life Saving Society swim levels and Lifesaving Society Emergency First Aid, Bronze Medallion and Bronze Cross lifeguarding certifications. Please note that if your camper is at Camp for two weeks or attends for a month and goes on a 12-day canoe trip, we will work with them on skills to achieve these levels but they may not be able to complete a full level while at camp. Campers do swimming lessons with their section and are broken into smaller groups based on skill level.

CANOE PROGRAM

As a long-standing Kandalore tradition, we offer daily canoeing lessons to all of our campers joining us for two weeks or more. Campers are taught how to flat water paddle and advance their skills in small classes, while working to achieve Ontario Recreational Canoe and Kayak Association (ORCKA) levels. Many of our staff are ORCKA Instructors and help campers not only learn the fundamentals of tandem and solo canoeing, but they also help prepare them to paddle on their canoe trips. Campers do canoeing lessons with their section and are broken into smaller groups based on skill level.

CANOE TRIPPING

Canoe tripping is a key component of Kandalore's culture and experience and all of our campers go on a trip during their stay. Canoe trips provide opportunities for campers to learn practical canoeing and outdoor skills, as well as small group dynamic and leadership skills. Campers also become more independent and gain a greater appreciation of the outdoors. Inherent in our tripping program are risks that are managed by our staff through their judgment and training.

Great care is taken to prepare our campers for their trip. Our trippers and staff meet with their campers in the days leading up to their trip to go over the route, menu and packing requirements. On trip, all campers wear life jackets at all times and helmets are worn in all moving water sections.

All Counsellors have a minimum of a Bronze Cross swimming certification and Emergency First Aid certification. All Trippers have their Bronze Cross, their Wilderness First Responder certification (8 day course) and a Swift Water Rescue Technician certification (3 day course). All trips carry a satellite phone in case of an emergency. Our longer trips also carry SPOT Satellite Messenger devices.

OUR VEHICLES, DRIVERS AND TRANSPORTATION

In most cases, campers are transported to and from their trips by a chartered school bus. We work with Campbell's Bus Lines. On occasion we may transport campers by Camp vehicle.

The following information provides a brief description of our Canoe Tripping program for our different age groups:

PJ Trips: Page 12

Inter Trips: Page 13

Senior Trips: Page 14

PREP/JUNIOR CAMPERS

(2011-2016)

ISLAND TRIP (All one week campers go on this trip)

1 night

The island is located on Kandalore's lake, Lake Kabakwa. It is within sight of our main dock. Campers canoe across to the island (usually in our voyageur canoes) and spend the night. They cook dinner and breakfast over a campfire and sleep in tents. These trips are led by the campers' Counsellors. Please note that this is the only trip that does not carry a satellite phone as the island is within calling distance of the Camp.

LINER

1 night

The Liner is a 2-day, 1-night flat-water canoe trip on Lakes Kabakwa, Kushog and Nora. Campers are driven approximately 3 km from Camp by bus to a put-in on Saskatchewan Lake. These trips are led by the campers' Counsellors and a Tripper Apprentice.

LOOPER

2 nights

The Looper is a 3-day, 2-night flat-water canoe trip on Lakes Little Hawk, Big Hawk, Red Pine, Nunikani, Sherbourne, St. Nora, Kushog, Kabakwa and Clear Lake. Campers are driven about 3 km from the Camp by bus to a put-in on Saskatchewan Lake. These trips are led by the campers' Counsellors and a Tripper Apprentice.

ALGONQUIN LOOPER

2 nights

This is a special trip offered to campers who have done all of the Liner and Looper options. As an alternative to the traditional Looper, campers are transported to Algonquin Park in Camp vehicles or a bus and trip through a pre-determined flat-water route in Algonquin Park. These trips are led by the campers' Counsellors and a Tripper Apprentice.

INTERMEDIATE CAMPERS

(2009-2010)

3-NIGHTS

Our Intermediate camper canoe trips are 3-night, 4-day canoe trips. All Intermediate camper trips involve travel away from the Camp in buses. Campers are placed on trips based on their cabin group and previous trip experience.

These are moving water trips where class 1 – 2 rapids will be run. All rapids have portages if the Tripper decides the rapids are beyond the skill level of the participants. Intermediate trips are led by a Tripper and a Counsellor and are usually on the Madawaska, and French rivers.

Occasionally, for our more experienced Intermediate Campers staying for a month, we will offer a 7 day canoe trip on rivers such as the Spanish River and French River.



SENIOR CAMPERS

(2006-2008)

Our Senior campers have the opportunity to do a 3, 5, 7 or 12 day canoe trip. Campers will be bused out to the rivers. Campers are placed on trips based on their previous trip experience and their river length request. Please note, senior campers will go on trip with their cabin mates.

Our moving water trips are fun and challenging due to their length and the moving water. The rapids we run on these rivers will range from class 1 - 3. These trips are led by a Tripper and a Counsellor. Our 12 day option is for campers attending 4 weeks or longer.

Senior 3 day Clinics are done on the Madawaska River, 5 day trips are usually done on the Magnetawan River, 7 day trips are done on the Magnetawan or Petawawa rivers, and 12 day trips are either on the Coulonge or Dumoine rivers and on special occasions the Missinabi river.

RAPID CLASSIFICATION SYSTEM

All rapids must be scouted by the tripper before being run. Listed below are general descriptions of different classifications of rapids. Though there are higher classes than those indicated below, it is Kandalore's policy to only run rapids of Class 3 or lower.

Class 1: Moving water with a few small waves. Few or no obstructions. Suitable for beginners.

Class 2: Rapids with fast moving water and some obstructions. Clearly identifiable channels with some manoeuvring required and waves capable of splashing into the canoe. Suitable for intermediate paddlers.

Class 3: Rapids with high, irregular waves often capable swamping an open canoe. Passages require complex manoeuvring. Suitable for intermediate and advanced paddlers.

ARRIVAL/DEPARTURE DAY TRANSPORTATION INFORMATION

At Kandalore we provide you with a variety of options for getting to Camp. Please note the arrival and departure times listed on the following page so we can provide smooth arrival and departures for our families.

PRE-ARRIVAL:

Families may be required to follow additional pre-arrival guidelines set forth in a COVID-19 addendum. Please contact the Camp office if you have any concerns.

BY CAR:

Arrival and departure days are a very busy time at Kandalore. On Arrival Day, families will park in our parking lot and will be greeted by our LITs (Leader in Training), counsellors, Section Heads, and our Director Team. Our staff will assist campers with bringing their bags to their cabins. Families will have time for goodbyes, to speak with our nurses and to drop off care packages in the parking lot. We do find campers settle in better when parents/guardians minimize their time at Camp. Our Camp nurses will also be available to collect and discuss camper medication and medical issues.

On Departure Day, camper gear is transported by hand or truck to the Parking Lot and placed in labeled piles by camper section. Please double check the label on your camper's bag to make sure it is yours. Your camper will be playing a game or spending time with their section in a designated space. A staff member will ask you for your camper's name as you drive in and will notify their Section Head of your arrival by walkie talkie. Your camper will then meet you at our camp parking lot.

BUS PICK UP & DROP OFF

The Kandalore bus is located in parking lot between Toronto City Church and Toronto City Sports Centre. When entering the parking lot, look for the black and yellow Kandalore tent and staff members in green shirts. Our Assistant Director, Carly and supporting staff members will be at the bus. Once you arrive, please see the staff who will let you know where to load your luggage. You may leave preaddressed letters, packages and medication with Carly to transport to Camp.

On Departure Day, the camp bus will return to parking lot between Toronto City Church and Toronto City Sports Centre. Luggage is removed from under the bus by staff and campers are to be signed out with Carly or a designated staff member. As all luggage gets unloaded at once, it can take a bit of time to find all your camper's belongings. Please make sure to ask them what they loaded on the bus and to double check the name tags on your bags to make sure they are yours.

TRAIN STATION/AIRPORT PICK UP & DROP OFF

Campers arriving to and departing from Toronto by train or airplane will be met and escorted to and from Camp on a chartered bus or in a Camp vehicle. Any alternative arrangements must be made at least one month in advance. We strongly encourage all campers travelling without an adult to be registered as an 'unaccompanied minor' for their flight.

If you will be arriving by train from somewhere other than Montreal please contact the office so that we can arrange an appropriate pick up at Union Station. Additional charges may apply if campers are arriving outside of our regular times.

Copies of train or plane tickets **MUST** be given to the Camp Office when arranging transportation. Campers must deposit their tickets, identification, electronics and any money at the Camp office for safe-keeping upon their arrival at Camp.

TRANSPORTATION OVERVIEW

	Location	Arrival	Departure
CAR	1143 Kandalore Road, Algonquin Highlands, Ontario, KOM 1J2	Please arrive at camp between 2:00 pm – 4:00 pm	Please pick up between 9:00 am – 11:00 am
BUS	36 Curity Ave, East York, Toronto, Ontario, M4B 0A2	Bus Departs at 1:00 pm Please arrive at 12:30 pm	Buses arrive in Toronto between 11:30 am – 12:00 pm
TRAIN	Union Station	From Montreal: Train #61 departs 6:40 am	To Montreal: Train #64 Departs 11:30 am
AIRPORT	Pearson International Airport	Flights must arrive in Toronto between 11:00 am – 6:00 pm	Flights must depart from Toronto between 11:00 am – 6:00 pm



DRIVING DIRECTIONS TO KANDALORE

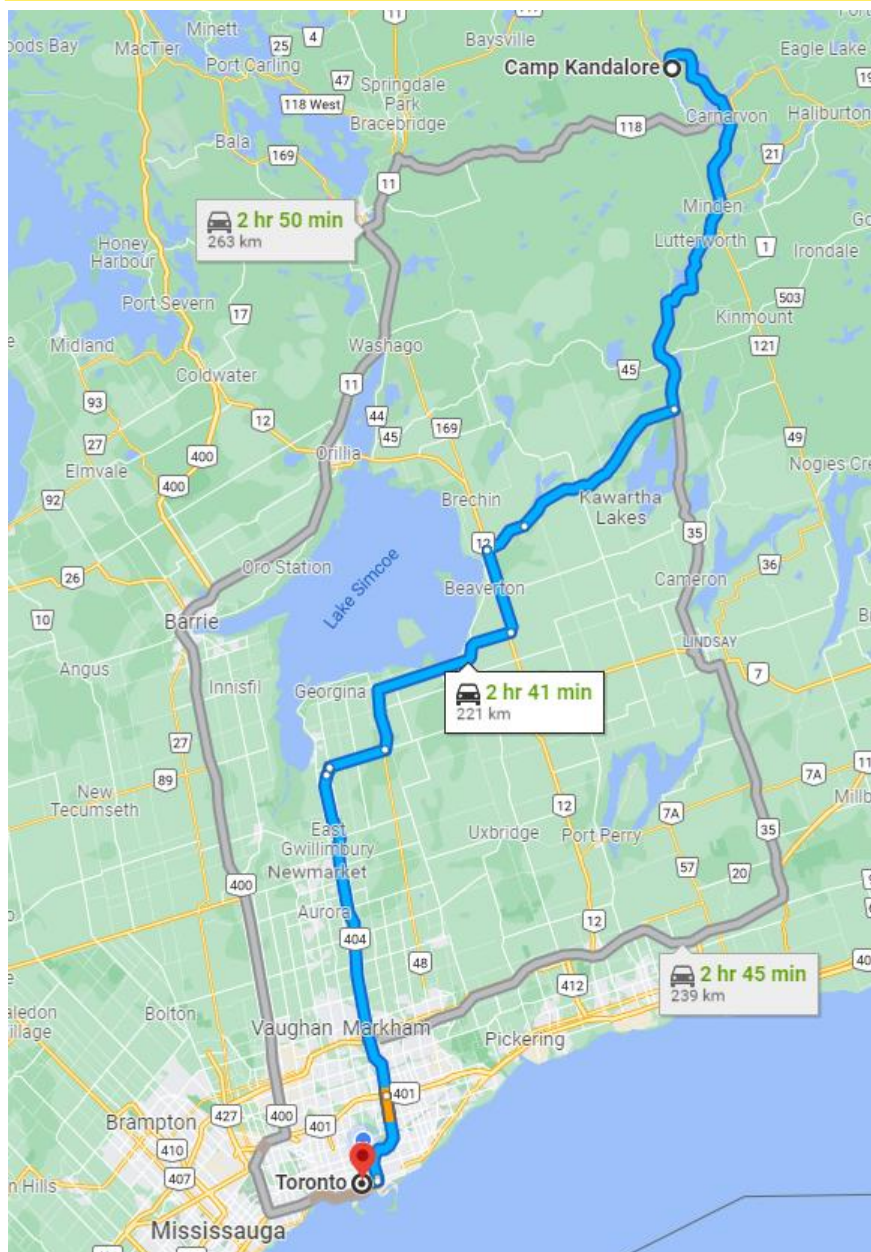
FROM TORONTO-WEST

- Travel North on highway 400/11 to Bracebridge
- Take the highway 118 Exit and travel East on Highway 118 to Carnarvon and the highway 118/ highway 35 junction (approx. 55 kms)
- Turn left (NORTH) onto Highway 35 and travel approx. 15 kms until you see Camp Kandalore on your LEFT. It is on a bend in the road, so you need to slow down when approaching the bend and look for a small GREEN street sign.
- You've made it! If you get to the FIREHOUSE RESTAURANT (18860 Highway #35, now closed), or just over the Kushog bridge, to OX NARROWS LODGE (3538 Kushog Lake Road) you have traveled 1 km too far North. This is the only place to turn around that is safe for a while!

FROM TORONTO-EAST

- Travel North on Highway 404 to the Green Lake Exit (highway ends)
- Turn right on Green Lane and then left at the first lights onto Woodbine Ave
- Travel North on Woodbine until you reach the Ravenshoe Road stoplights
- Turn right on Ravenshoe Road and travel EAST until you reach Highway 48
- Turn left (NORTH) onto highway 48 and travel until the junction of Highway 48/12 (approx. 35 kms)
- Turn left (NORTH) on 48/12 and travel North until highway 48 & 12 split (approx. 13 kms)
- Turn right (EAST) at the split and continue on highway 48 to Coboconk at the junction of Highway 48 and highway 35 (approx. 35 kms)
- Turn NORTH onto Highway 35 and travel North (approx. 62 kms) until you see CAMP KANDALORE ROAD on your LEFT. It is on a bend in the road, so you need to slow down when approaching the bend and look for a small GREEN street sign.
- You've made it! If you get to the FIREHOUSE RESTAURANT (18860 Highway #35, now closed), or just over the Kushog bridge, to OX NARROWS LODGE (3538 Kushog Lake Road) you have traveled 1 km too far North. This is the only place to turn around that is safe for a while!

DRIVING DIRECTIONS TO KANDALORE



SUGGESTED PACKING LIST

SUGGESTED CLOTHING

- 7 t-shirts
- 2 long-sleeve shirts
- 2 sweatshirts
- 4 pairs of shorts
- 3 pairs of pants
- 2 bathing suits
- 8 pairs of underpants
- 2 pairs of pyjamas
- 8 pairs of socks
- 2 pairs of heavy socks
- 14 Cloth Masks (washable)/Disposable Masks*
- 1 sun hat
- 1 rain suit or raincoat
- 1 pair of sandals
- 2 pairs of running shoes (include 1 old pair for wet use)
- 2 towels
- 1 laundry bag
- 1 small Mesh laundry bag (for masks)*
- 1 fanny pack (to carry masks and sanitizer*)
- white t-shirt or clothing item for tie-dye at arts and crafts

TOILETRIES

- Soap & shampoo
- Toothbrush & toothpaste
- Comb and/or brush
- Sunscreen (SPF 30 or greater)
- Mosquito repellent
- No aerosol cans please

**Pending COVID-19 conditions*

BEDDING

- Pillow & pillowcase
- Sleeping bag
- Blanket
- Fitted sheet
- Other bedding as desired fit for a single bed

EQUIPMENT

- Flashlight/headlamp & batteries
- Government approved Life Jacket/P.F.D.
- Canoe paddle
- Water bottle (durable)

OPTIONAL ARTICLES

- Writing supplies (pen/paper/etc.)
- Books, games, cards
- Camera (cellphones cannot be used as cameras)
- Musical instruments
- Goggles
- Fishing tackle, rod
- 1 pair of rubber boots

ITEMS NOT TO BRING

- Phones, iPods, tablets, computers & other electronics
- Knives
- These items will be confiscated

Please note that all our campers will be going on canoe trip. Please consult the list on the next page for items to pack for trip.

SUGGESTED TRIP PACKING LIST

EQUIPMENT

- Dry Bag 30L or smaller
- Sleeping bag

WET CLOTHES

- Closed toe and closed heel shoes: (old running shoes, quick dry shoes) Crocs are not acceptable
- Socks: Wool, fleece or Smart wool. Not cotton
- Bathing suit: No halter tops (the knot will hurt when portaging)
- Shorts: Quick dry sport shorts work well. No cotton or denim
- T-shirt: It will get very dirty. Quick dry or thin cotton
- Long sleeved shirt: Quick dry or polyester
- Sun hat: Wide brimmed keeps more sun off
- Rain gear: Please avoid ponchos as they are not durable

DRY CLOTHES

- Shoes: Anything comfortable. No flip flops
- Socks: Wool, fleece or Smart wool. No cotton
- Pants: No Jeans! Fleece or sweatpants
- Long sleeve top: Cotton is fine
- Warm top: Fleece is best or a small packable sweatshirt
- Underwear: 3 or 4 are good unless a camper would like more for longer trips

MISCELLANEOUS

- Sunscreen
- Bug spray
- Flashlight or headlamp (preferable)
- Toothpaste
- Toothbrush

When packing for trip, please keep in mind that cotton products are difficult to dry and not recommended. Fleece, polyester, and wool dry quickly and keep campers warmer, so they are ideal for trip. Second hand gear can be found in stores like Value Village. For new products we recommend stores like MEC, Trailhead or Europe Bound.

LAUNDRY & TUCK SHOP

LAUNDRY SERVICE

Campers' clothes are laundered once per week at a commercial laundromat; however, please expect your child to return home with dirty clothes as they will be using them constantly! The clothing list provided is based on amounts for two weeks. Please make sure to affix name tags to your camper's clothing to ensure there is no mix up, as laundry is done by cabin. Please understand that due to the timing of canoe trips, campers may sometimes miss their scheduled laundry day. Check out www.mabelslabels.com for great custom label stickers.

THE TUCK SHOP

Campers visit the tuck shop every 3 days. Kandalore clothing, such as t-shirts, sweatshirts, hats, backpacks, etc. are available for purchase either by pre-order online before June 1, or from the Camp Tuck Shop at Camp. Please note, we cannot guarantee your child's size of clothing will be available at Camp. Please pre-order clothing to ensure your sizing of choice. A completed Tuck Permission Form must be on file in order for your child to purchase clothing items at the Tuck Shop. Purchases will be charged to your credit card on file following your camper's stay. Miscellaneous expenses (ex: prescriptions, etc.) will be charged in September.

Campers receive 2 snacks per visit to the Tuck Shop. These snacks are included in your registration fees and therefore no money is required. Please do not send your child to Camp with money. If campers have money for the airport/train station, they should deposit it with the Camp Office Staff when they arrive at Kandalore, to be picked up prior to departure. The Tuck Shop also sells items such as dry bags, hats and water bottles which are required for canoe trips. Campers will pack the day before trip. If they are missing any of these required items for trip, they will visit the Tuck Shop and we will charge your account for these items, as they are key to keeping our campers healthy and safe on trip.

LOST & FOUND

It is important that parents/guardians affix name tags or write camper's names with indelible ink on all clothing to help ensure no mix ups take place at camp. Any items found with labels are given to campers' Section Heads and returned to the camper. All lost and found is laundered before the end of Camp. Two days before the end of each session we have a 'Lost & Found' presentation at lunch for all campers. Items without labels are held up and shown to all of the sections and given back to campers. Any unclaimed items without labels are then placed on clothes lines beside Centre Camp so campers have an opportunity throughout the last full day of activities to walk by and see if anything belongs to them. We bring all lost and found items to our Toronto office at the end of the summer. Parents/guardians will be contacted by email regarding any named items. Please note that any items which are not claimed by September 30th will be donated.



CAMP TIME!

SESSION DATES

Leadership Programs

Explorer 2	June 29 - August 30
LIT	June 29 - August 30
Explorer A	June 29 - July 29
Pathfinder A	July 1 - July 29
Explorer B	July 31 - August 30
Pathfinder B	August 2 - August 30

Camper Programs

July Sessions:

A	July 1 - July 29
A1	July 1 - July 15
A2	July 15 - July 29

August Sessions:

B	August 2 - August 30
B1	August 2 - August 16
B2	August 16 - August 30
Week 1	August 16 - August 23
Week 2	August 23 - August 30



CAMP KANDALORE POLICIES

Please be sure to review these policies with your camper before they go to camp.

ALCOHOL & DRUGS

- The use, possession or clearly being under the influence of alcohol, cannabis or any illicit drugs by any camper or Leader (Explorer, Pathfinder, LIT or Explorer 2) is prohibited
- The non-medical use of narcotics and any other drug is prohibited.
- Campers and Leaders who are in the presence of other campers or Leaders who are not complying with the drug and alcohol policy will face consequences at the discretion of the Director.
- Any camper found in breach of these policies will be dismissed.
- No refund of any portion of unused Camp fees will be given.

TOBACCO & ALL TOBACCO RELATED PRODUCTS

- Campers and Leaders are prohibited from the use of tobacco products (including cigarettes, snuff, flakes, chewing tobacco, vaporizers and e-cigarettes).
- Due to danger of fire, any camper or Leader found smoking in a cabin will be dismissed from Camp.
- Campers or Leaders found using tobacco products elsewhere will have their parents/guardians notified and may, at the discretion of the Director, be dismissed from Camp.
- No refund of any portion of unused Camp fees will be given.

KNIVES

Knives, including Swiss Army knives, are not permitted at camp.

GENDER INCLUSION POLICY

Kandalore's approach to gender inclusion is informed by our mission and beliefs. Kandalore welcomes campers and staff from all gender identities and expressions including but not limited to – cisgender, transgender, nonbinary, agender and genderqueer. As a camp, we seek to promote equity and foster inclusion by providing the support needed to help our LGBTQ2S+ campers and staff thrive while at Kandalore. To that end, we are committed to working with campers, their families and staff to understand their needs and to providing the necessary training to our staff team. Kandalore recognizes that the understanding of gender and gender issues is still rapidly changing and therefore this policy will be reviewed as needed to ensure it is most reflective of the needs of our community.

BULLYING

Bullying is not accepted at Kandalore.

Kandalore trains its staff to recognize and deal with bullying in a Camp setting. Please review Kandalore's Harassment policy (on the following page) with your children to make them aware of Kandalore's expectations regarding inclusivity.

CAMP KANDALORE HARASSMENT POLICY

Camp Kandalore is fully committed to respecting and protecting the personal dignity and human rights of our campers, leaders and staff members. Campers, leaders and staff members have a right to enjoy the camping experience and work in an atmosphere that is free of any form of harassment or intimidation. The Camp, staff members, leaders and the campers all share a responsibility for ensuring that such an environment exists at all times.

Harassment includes words, acts, or gestures of a malicious, hateful, abusive or irritating nature, or the like, with regard to a person or group of persons that is known or ought reasonably to be known, unwelcome. Harassment also includes, without limitation, what is commonly referred to as bullying and vexatious words, acts and gestures against a person or group of persons on the basis of any of the following:

Political convictions	Colour
Gender	Sexual orientation
Academic ability	Age
Ethnic or national origin	Language
Race	Physical Appearance
Disability/handicap	Sex
Civil status	

Harassment can be a single incident or a series of incidents.

Campers, leaders or staff members found in violation of any of the above will be liable for: (i) a formal apology; (ii) a re-affirmation of their commitment to the Camp (suspension); or (iii) expulsion; in the Director’s discretion depending on the nature of the harassment. In addition to any sanction imposed by the Camp, staff members who engage in harassment could face sanctions imposed under the Ontario Human Rights Code.

Kandalore is committed to every child feeling safe at camp. We align ourselves with the same policies that are found in community schools and take our role and staff training seriously to support these policies.

CANCELLATIONS/WITHDRAWALS

There will be no reduction in or refund of camp fees for any reason after March 31, 2022 including, without limitation, for:

- A) a camper who cancels or withdraws from the camp program either prior to or during the period for which they are registered for any reason including, without limitation, as a result of illness or a medical condition.
- B) a camper who arrives late or leaves early in the period for which they are registered.
- C) a camper who is expelled from the camp for breaking the camp rules or otherwise.

FOOD IN CAMP

In recent years, because of their attraction to food, we have witnessed an increase in incidence of raccoons and other small animals entering cabins at Kandalore. Although these animals do not represent an immediate threat to the safety of campers, they are disruptive and can cause quite a mess. A number of our campers also have food allergies and it is for this reason that we request that families do not send any food with their children to camp or send any food to them during their stay at camp. If campers do possess food in their cabins, unfortunately Counsellors will be placed in the difficult and unfair position of having to remove it.

We hope to receive full support from our families with this policy. Families are reminded that campers receive three meals a day and a snack before bed each day. There is a bowl of apples out all day for campers to eat. They also have the opportunity to visit the Tuck Shop a couple times a week where they can obtain treats.

NUT ALLERGIES

Please be advised that Kandalore is not a nut free environment. While we do not serve peanut butter or nuts in the Dining Hall, we are unable to ensure all food items sold in the Tuck Shop or served in the Dining Hall and items brought into camp do not contain nuts. Campers with nut allergies attending camp do so at their own risk.

CABINS

Campers, Leaders and staff are not allowed in the cabins of others without permission.

No open flames (i.e., candles) are allowed in the cabins, even if cabins have no electricity (see packing list for flashlight suggestions).

Campers and Leaders are to stay in their cabin after lights out, except to use the washroom facilities. Any camper or Leader found out of his or her cabin after lights out will face consequences, which may include dismissal from camp.

PERSONAL PROPERTY

It is very important that campers respect each other's property. If items go missing, we ask that campers notify their counsellor(s) as soon as possible. We do our best to make sure campers look after their property. Theft will not be tolerated at Kandalore. If an issue arises, our Director will be informed, and we will address the situation in a swift manner with appropriate consequences. Please do not send campers to Camp with expensive items.

Note: Camp Kandalore regrets that it cannot be responsible for any money or electronic devices or other valuables that have not been submitted to the Camp Office for safekeeping

CELL PHONES, IPODS, TABLETS AND OTHER ELECTRONICS

One of the benefits of Kandalore is the personal growth that campers experience. Camp provides a unique environment for children to learn to be themselves and trust others. It also provides opportunities through which children grow and learn to solve some of their own challenges. Camp is one of the few places where campers can 'unplug' and focus on their interpersonal skills. Electronic devices, like cell phones, hinder this growth and detract from campers' overall experience at Camp. We are happy to provide you with an update on your camper at any time; please do not hesitate to call or email the Camp Office.

Cell phones, iPods, tablets, hair dryers, electronic game devices or any other items requiring electrical power are not permitted at Camp and will be confiscated and returned on departure day. Thank you for supporting this policy.

INTERNET/SOCIAL NETWORKING POLICY

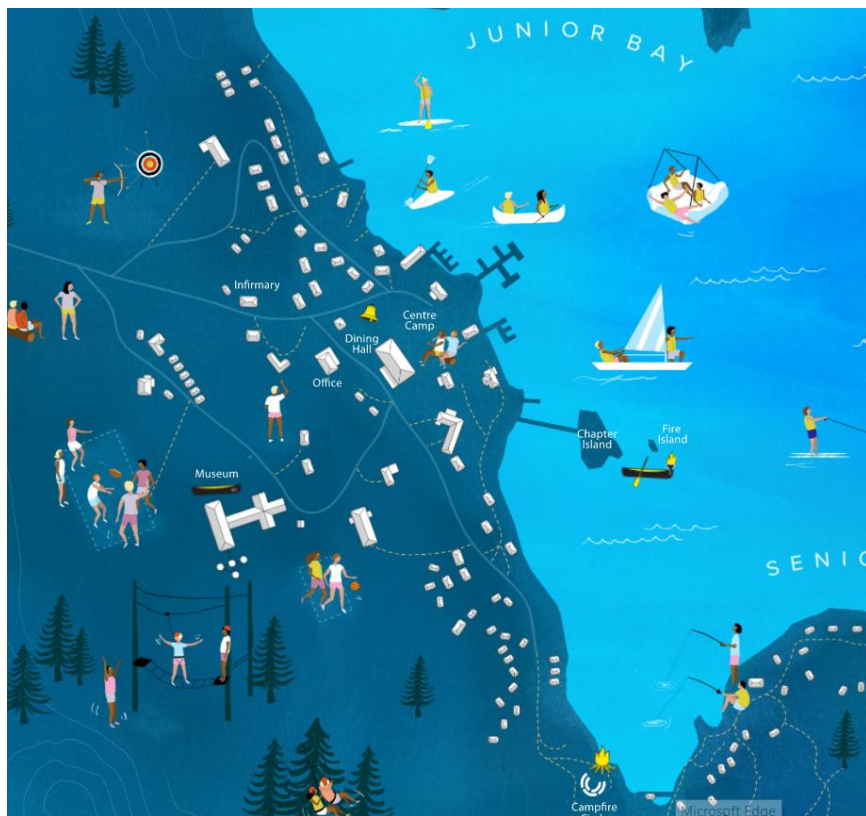
In general, Kandalore views social networking sites (e.g., Facebook, Twitter, Instagram, Tik Tok and YouTube), personal websites, and blogs positively and respects the right of campers to use them as a medium of self-expression. If a camper chooses to identify themselves as a camper at Kandalore on such Internet venues, some readers of such Social Media, websites or blogs may view the camper as a representative or spokesperson of the Camp.

In light of this possibility, Kandalore requires that campers observe the following guidelines when referring to the Camp, its programs or activities, its campers, and/or employees, on social media, in a blog or on a Website.

1. Campers must be respectful in all communications, Social Media and blogs related to or referencing the Camp, its employees, and other campers.
2. Campers must not use obscenities, profanity, or vulgar language.
3. Campers must not use social media, blogs or personal websites to disparage the Camp, other campers, or employees of the Camp.
4. Campers must not use social media, blogs or personal Websites to harass, bully, or intimidate other campers or employees of the Camp. Behaviours that constitute harassment and bullying are listed in Kandalore's Harassment Policy.
5. Campers must not use social media, blogs or personal websites to discuss engaging in conduct that is prohibited by Camp policies, including, but not limited to, the use of alcohol and drugs, and bullying.
6. Kandalore does not host or sponsor any social networking sites belonging to campers or staff. The use of the Camp logo or photographs is not allowed without written permission.

Any camper found to be in violation of any portion of this policy will be subject to immediate disciplinary action as outlined in the Camp Kandalore Harassment Policy.

SITE MAP



Visit our website: <https://www.kandalore.com/map/> to view the full interactive site map!

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